



HEREFORD & WORCESTER  
**HWFR**  
FIRE AND RESCUE SERVICE



**PREVENTION**

# Proposal

## Suicide Awareness Training

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## Introduction

Hereford & Worcester Fire and Rescue Service (HWFRS) personnel attend incidents of suicide and attempted suicide and also talk to members of the public who are talking about suicide. HWFRS will also have staff or volunteers who have thoughts of suicide.

It is important that staff and volunteers have the knowledge, skills and confidence to support those at risk of suicide and are aware of the support available to people who have thoughts of suicide.

## Strategic Aims

HWFRS is committed to a person-centred approach by putting the community first by keeping people safe from fire and other risks and protecting the most vulnerable in our communities.

It is a requirement of the Safeguarding Fire Standard for employees to be trained, supported and empowered to work proactively to reduce the risk of abuse, harm and neglect.

Carrying out appropriate Suicide Awareness training will give relevant personnel the knowledge and understanding to support those who have thoughts of suicide, which will support the aims of the CRMP and Prevention Strategy, whilst aligning with recommendations of the Prevention and Safeguarding Fire Standards.

## Training Options

### Suicide Awareness (Zero Suicide Alliance)

#### Course overview

- How to spot suicide warning signs
- How to have a conversation with someone you're worried about
- Where to signpost to for further support
- Suicide is preventable



## Who is it for?

- All operational personnel
- Fire Control personnel
- Prevention personnel
- Protection personnel
- Group Commanders
- Human Resources and Wellbeing Team
- CIST Members
- Fire Cadet Lead Instructors
- Service Volunteers
- Fire Investigators

## Completion

- This is an e-learning course, which will be hosted on the Service's Competency Training Record (CTR)
- The course takes 20 minutes to complete

## Recommendations

- Suicide Awareness training is adopted by the Service
- That this is hosted on CTR with a view for all relevant staff to complete this by the end of Quarter 3 2023 / 2024
- All staff highlighted above to complete this as **mandatory**



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- On-call units can complete the training as a group